ELITE GASTRO

UPPER ENDOSCOPY INSTRUCTIONS

For EGD, EUS, and ERCP procedures

PROCEDURE DATE	ARRIVAL TIME	PROCEDURE TIME
_____	_____ Will be provided by procedure location staff	_____

1. YOUR PROCEDURE

☐ EGD	☐ EUS	☐ ERCP
Esophagogastroduodenoscopy	Endoscopic Ultrasound	Endoscopic Retrograde Pancreaticoduodenoscopy

2. CHOOSE YOUR PROCEDURE LOCATION

☐ **HCA South Tampa Hospital** 2901 W Swann Ave, Tampa, FL 33609 | (813) 873-6400	☐ **Tampa Bay Endoscopy Center** 4809 N Armenia Ave, Suite 100, Tampa, FL 33603 | (813) 658-5037
☐ **St. Joseph's Hospital - Main** 3001 W Dr Martin Luther King Jr Blvd, Tampa, FL 33614 | (813) 870-4000	☐ **AdventHealth Carrollwood** 7171 N Dale Mabry Hwy, Tampa, FL 33614 | (813) 932-2222
☐ **New Port Richey Surgery Center** 9332 SR 54, Suite 100, Trinity, FL 34655 | (727) 848-0446	☐ **BayCare Surgery Center - Trinity** 2020 Trinity Oaks Blvd, Trinity, FL 34655 | (727) 372-4055
☐ **Trinity Hospital** 9330 SR-54 E, Trinity, FL 34655	

3. EATING AND DRINKING BEFORE YOUR PROCEDURE

IF YOUR PROCEDURE IS IN THE MORNING

Nothing to eat or drink starting at midnight.

IF YOUR PROCEDURE IS IN THE AFTERNOON

No solid food starting at midnight.

Clear liquids are allowed until 3 HOURS BEFORE your arrival time. Nothing by mouth after that.

Diabetic patients: nothing by mouth 2 HOURS BEFORE your procedure.

7. MEDICAL CLEARANCE & REMINDERS

- If medical clearance was requested, have it faxed to the office at 813-644-3307. Your procedure may be cancelled if it is not received.
- The hospital or procedure location staff will contact you with your arrival time.

Procedures not cancelled within 3 business days will incur a $150.00 fee.

4. MEDICATION ADJUSTMENTS

WHEN	MEDICATION	INSTRUCTIONS
2 WEEKS PRIOR	Blood thinners	If you take Coumadin, Plavix, Xarelto, Eliquis, Brilinta, or another blood thinner, contact the prescribing physician for written clearance and/or instructions.
STOP 7 DAYS PRIOR	GLP-1 medications	Ozempic, Wegovy, Rybelsus, Mounjaro, Zepbound, Trulicity, Victoza, or Saxenda.
STOP 7 DAYS PRIOR	Phentermine / weight-loss medicines	Adipex-P and combination weight-loss medicines containing phentermine.
STOP 7 DAYS PRIOR	Aspirin	Full-dose aspirin and aspirin-containing products. Baby aspirin (81 mg) is NOT stopped — keep taking it as usual.
STOP 7 DAYS PRIOR	NSAIDs	Advil, Motrin (ibuprofen), Aleve (naproxen), and similar anti-inflammatory pain relievers. Tylenol (acetaminophen) is okay.
STOP 7 DAYS PRIOR	Vitamins	Stop all vitamins 7 days before your procedure.
STOP 5 DAYS PRIOR	Iron, fish oil, and fiber	Stop iron, fish-oil supplements, and fiber products such as Metamucil, Citrucel, Benefiber, or psyllium.
STOP 3 DAYS PRIOR	SGLT-2 inhibitors	Jardiance, Farxiga, Invokana, or Steglatro.

IMPORTANT: Do not stop prescription blood thinners or diabetes medicines unless your prescribing clinician or procedure team gives specific instructions.

5. MEDICATION INSTRUCTIONS FOR THE DAY OF PROCEDURE

DIABETIC PATIENTS	OTHER MEDICATION & CONDITIONS
• Insulin-dependent: may take insulin if necessary, but at half the usual dose with close glucose monitoring. Keep a sugary clear liquid available if needed to regulate blood sugar. • Non-insulin-dependent: hold oral diabetic medication until after your procedure.	• Unless your doctor gave other instructions, prescribed medication(s) may be taken as scheduled with a small sip of water at least 4 hours before the procedure. Take nothing else by mouth until completed. • Asthma patients: bring your inhaler. • Take all seizure and blood pressure medication that morning unless otherwise specified.

6. IMPORTANT SAFETY & TRANSPORTATION

- **Tell your doctor** if you have had a heart valve replacement, take blood thinners, or use insulin.
- **You MUST** have a responsible adult drive you home; your driver must be 18 or older and remain onsite.
- **No Uber**, Lyft, taxi, or public transportation.
- **Do not drive**, work, sign legal documents, or make important decisions for 24 hours.