ELITE GASTRO

CLENPIQ® Bowel Preparation

Follow every step so your colon is clean and your procedure can be completed safely.

PROCEDURE DATE	ARRIVAL TIME	PROCEDURE TIME
_____	_____	_____

1. CHOOSE YOUR PROCEDURE LOCATION

☐ **HCA South Tampa Hospital** 2901 W Swann Ave, Tampa, FL 33609 | (813) 873-6400	☐ **Tampa Bay Endoscopy Center** 4809 N Armenia Ave, Suite 100, Tampa, FL 33603 | (813) 658-5037
☐ **St. Joseph's Hospital - Main** 3001 W Dr Martin Luther King Jr Blvd, Tampa, FL 33614 | (813) 870-4000	☐ **AdventHealth Carrollwood** 7171 N Dale Mabry Hwy, Tampa, FL 33614 | (813) 932-2222
☐ **New Port Richey Surgery Center** 9332 SR 54, Suite 100, Trinity, FL 34655 | (727) 848-0446	☐ **Trinity Hospital** 9330 SR-54 E, Trinity, FL 34655
☐ **BayCare Surgery Center - Trinity** 2020 Trinity Oaks Blvd, Trinity, FL 34655 | (727) 372-4055	

2. FOLLOW THIS PREPARATION TIMELINE

1

2-3 DAYS PRIOR

- Stop raw vegetables, corn, popcorn, nuts, and seeds. Follow a low-fiber diet.

2

2 DAYS PRIOR - ONLY IF YOU HAVE CONSTIPATION

- Begin clear liquids in the morning.
- **6:00 PM:** Drink 10 oz magnesium citrate.
- **Do NOT take magnesium citrate if you have congestive heart failure (CHF) or are on dialysis.**

3

1 DAY PRIOR — CLEAR LIQUIDS AND PREP

Clear liquid diet only, all day. No solid food.

IF YOUR PROCEDURE IS IN THE MORNING:

6:00 PM: Drink the first bottle of CLENPIQ, then drink five 8-oz clear liquids over the next 5 hours.

11:00 PM: Drink the second bottle of CLENPIQ, then drink three 8-oz clear liquids over the next hour.

IF YOUR PROCEDURE IS IN THE AFTERNOON:

About 10:00 PM: Drink the first bottle of CLENPIQ, then drink five 8-oz clear liquids over the next 5 hours.

4

DAY OF PROCEDURE

MORNING procedures: you may finish the second dose early this morning instead of 11:00 PM, as long as you are done by 6:00 AM. Nothing by mouth once the prep is finished.

AFTERNOON procedures: Drink the second bottle of CLENPIQ, then drink three 8-oz clear liquids over the next hour.

Clear liquids are allowed until 9:00 AM. Nothing by mouth after that.

Diabetic patients: nothing by mouth 2 HOURS BEFORE your procedure. See the medication instructions on page 2.

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CLENPIQ® Medication & Safety Guide

3. MEDICATION ADJUSTMENTS

WHEN TO STOP	MEDICATION TYPE	COMMON EXAMPLES
STOP 7 DAYS PRIOR	GLP-1 medications	Ozempic®, Wegovy®, Rybelsus® (semaglutide); Mounjaro® or Zepbound® (tirzepatide); Trulicity® (dulaglutide); Victoza® or Saxenda® (liraglutide)
STOP 7 DAYS PRIOR	Phentermine / weight-loss medicines	Adipex-P® (phentermine) and combination weight-loss medicines containing phentermine
STOP 5 DAYS PRIOR	Iron, multivitamins, fish oil, and fiber	Ferrous sulfate; prenatal vitamins or multivitamins; omega-3/fish-oil supplements; Metamucil®, Citrucel®, Benefiber®, psyllium, methylcellulose, wheat dextrin
STOP 3 DAYS PRIOR	SGLT-2 inhibitors	Jardiance® (empagliflozin), Farxiga® (dapagliflozin), Invokana® (canagliflozin), Steglatro® (ertugliflozin)
STOP 7 DAYS PRIOR	Aspirin	Full-dose aspirin and aspirin-containing products. Baby aspirin (81 mg) is NOT stopped — keep taking it as usual.
STOP 7 DAYS PRIOR	NSAIDs	Advil®, Motrin® (ibuprofen), Aleve® (naproxen), and similar anti-inflammatory pain relievers. Tylenol® (acetaminophen) is okay.

IMPORTANT: Do not stop prescription blood thinners or diabetes medicines unless your prescribing clinician or the procedure team gives you specific instructions.

4. MEDICATION INSTRUCTIONS FOR THE DAY OF PROCEDURE

DIABETIC PATIENTS - Follow these medication instructions.

- Insulin-dependent patients may take insulin if necessary, but at half the usual dose with close monitoring of glucose. Keep a sugary clear liquid available if necessary to regulate your blood sugar. Nothing by mouth 2 hours prior to your procedure.
- Non-insulin-dependent diabetic patients: hold your oral diabetic medication until after your procedure.

OTHER MEDICATION & CONDITION INSTRUCTIONS

- Unless your doctor gave you other instructions, prescribed medication(s) may be taken as scheduled with a small sip of water at least 3 hours before your procedure. Do not take anything else by mouth until your procedure is completed.
- Asthma patients: bring your inhaler to your appointment.
- **It is imperative that you take all seizure and blood pressure medication on the morning of the procedure unless otherwise specified.**

5. CLEAR LIQUID EXAMPLES

ALLOWED

- Water
- Clear broth or bouillon
- Apple juice or white grape juice
- Lemonade without pulp
- Sports drinks
- Clear soda or ginger ale
- Tea or coffee without milk or creamer
- Gelatin and ice pops without fruit pieces

NOT ALLOWED

- Any solid food
- Milk, cream, or non-dairy creamer
- Orange juice or any juice with pulp
- Smoothies
- Alcohol
- Red or purple liquids

6. IMPORTANT SAFETY & TRANSPORTATION

- Driver must be age 18 or older and remain onsite.
- **No Uber, Lyft, taxi, or public transportation.**
- No driving, work, or legal decisions for **24 hours.**
- Tell your doctor if you have a heart valve replacement, take blood thinners, or use insulin.
- **You MUST have someone drive you home after the procedure.**

$150.00 NO-SHOW FEE
Procedures not cancelled within 3 business days will incur a $150.00 fee.