



Mina Elnemr, MD

Upper Endoscopy Instructions

The following instructions applies to the following procedures:

- EGD (Esophagogastroduodenoscopy)
- EUS (Endoscopic Ultrasound)
- ERCP (Endoscopic Retrograde pancreaticoduodenoscopy)

****Hospital will call you with your arrival time****

Location of Procedure:

- () HCA South Tampa Hospital: 2901 W Swann Ave, Tampa, 33609 (813) 873-6400
- () Tampa Bay Endoscopy Center: 4809 N Armenia Ave #100, Tampa, 33603 (813) 658-5037
- () St Joseph's Hospital Main: 3001 W Dr Martin Luther King Jr Blvd, Tampa, 33614 (813) 870-4000

2 weeks before your procedure:

- If you are on Coumadin, Plavix, Xarelto, Eliquis, Brilinta or any blood thinners please contact the prescribing physician for a written clearance and/or instructions.
- If you are taking DIET PILLS or INJECTIONS, you must stop 14 days prior to your procedure.
- Medical Clearance: If you are asked to obtain any medical clearance, please have the clearance faxed to our office. Procedure may be cancelled if clearance is not received.

1 week before your procedure:

- No ASPIRIN products such as ADVIL, ALEVE, and IBUPROFEN for 7 days before your procedure. TYLENOL is okay.
- Stop all VITAMINS 7 days before your procedure.
- You can continue to take Baby Aspirin (81mg) unless recommended otherwise.

The day of the procedure:

- Do not eat or drink anything starting midnight.
- On the day of your procedure, take ONLY heart, blood pressure, seizure and/or thyroid medications with a small sip of water at least six (4) hours before your procedure time.

Reminders:

- Inform your doctor if you've had a heart valve replacement, on blood thinning medication and/or insulin for control of diabetes.
- You MUST have someone drive you home from the procedure.

Elite Gastro
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